Deutschlandpokal 2023 24.-25.11.2023 Georg-Leber-Kaserne Warendorf **Detailed Schedule** Estimate start finish gender event # heats heats Friday, 24 November 2023 installation of obstacles 08:30 1 8 200m Obstacle Swim 16 Female 09:28 9|-16 Male 200m Obstacle Swim 19 4x50m Obstacle Relay 09:33 17 Female 6 4x50m Obstacle Relay 09:54 20 22 Male Line Throw 09:59 23 -25 6 Female 10:20 26 Line Throw 28 Male removal of obstacles 10:30 29 39 Female 100m Manikin Tow with Fins 21 100m Manikin Tow with Fins 11:42 40 49 Male lunch break 14:30 50 4x25m Manikin Relay 52 6 Female 14:51 55 4x25m Manikin Relay 53 -Male 14:56 56 66 50m Manikin Carry 23 Female 15:53 50m Manikin Carry 67 -78 Male end of competition day 1 Start on the left side of the pool Preliminary time schedule. In case of any deviation the offical announcments shall prevail.

Deutschlandpokal 2023 24.-25.11.2023 Georg-Leber-Kaserne Warendorf **Detailed Schedule** Estimate start finish gender # heats event heats Saturday, 25 November 2023 100m Rescue Medley 08:30 79 86 17 Female 100m Rescue Medley 09:28 87 -95 Male 4x50m Medley Relay 96 98 Female 09:38 6 4x50m Medley Relay 09:59 99 101 Male 100m Manikin Carry with Fins 10:04 102 107 Female 14 115 10:43 100m Manikin Carry with Fins 108 Male 10:53 116 116 4x50m Pool Lifesaver Relay Female 2 11:02 117 117 4x50m Pool Lifesaver Relay Male 122 124 3 11:07 11:21 Mixed 4x50m Mixed Pool Lifesaver Relay lunch break 14:00 125 134 200m Super Lifesaver 21 Female 16:06 135 145 200m Super Lifesaver Male end of competition day 2 Start on the left side of the pool Preliminary time schedule. In case of any deviation the offical announcments shall prevail.